

Did You Know That?...

- 1. All TCNJ Graduate students may park in any faculty/staff lot after 4:30 pm.**
 - ✚ Simply swipe in with your TCNJ I.D. Must have a valid Graduate Commuter decal.
 - ✚ Faculty lots are 2A, 10-20, and designated spaces in lots 8 and 9B.
- 2. Graduate students have their own group study room in the library?**
 - ✚ Room 413. Library group study policies may be found here: (<http://www.tcnj.edu/~library/info/policy-group.html>)
- 3. Graduate students are eligible to compete and play in TCNJ intramural sports.**
 - ✚ All you need is to be in good physical condition, covered by the school insurance or personal insurance, and to have paid a student activity fee. *For more information visit* www.tcnj.edu/~intramur/
- 4. TCNJ Graduate students may use the Physical Enhancement Center, participate in T/W Fitness Center classes and swim in the Packer Hall swimming pool during open hours.**
 - ✚ **PEC:** Simply show your student I.D. and try out the free weights, cardio and resistance training equipment in the Physical Enhancement Center as a different type of study break. Or sign up at the front desk with one of the PEC's free certified personal trainers. Receive up to 3 one-hour sessions where the trainer can help create a personalized exercise for you and show you how to use the equipment. Questions? Ask a desk attendant in person or over the phone (x2014) or e-mail them at pec@tcnj.edu.
 - ✚ **T/W Fitness Center:** Fitness classes are offered in the TW link workout room during the fall and spring. Classes have included yoga, Zumba, core strength, belly dancing, Pilates & ballet fusion, cardio kickboxing, dance cardio, and strength training sessions. The cost is only \$15 for unlimited classes for the fall semester (\$25 for the full year).
 - ✚ **Swimming Pool:** The open swim pool hours may be found here: (<http://www.tcnj.edu/~aquatics/>)
- 5. Graduate Students may make appointments with Student Health Services, Planned Parenthood and Counseling and Psychological Services (CAPS)**
 - ✚ You don't need to have Student Health Insurance to be seen at Health Services! All offices are located in Eickhoff Hall 107. Student Health Services and CAPS are open Mondays, Tuesdays and Wednesdays: 8:30a.m. to 6:00p.m.; Thursdays and Fridays: 8:30a.m. to 4:30p.m. during the fall and spring semester.
 - ✚ **Student Health Services:** Call the office at 609-771-2483 or schedule your appointment online using a link on the main Student Health Services' web page. (<http://www.tcnj.edu/~sa/health/index.html>)
 - ✚ **CAPS:** To make a first appointment, visit the office in Eickhoff Hall 107. To fill out a Request for Services Form or to find out more information visit: (<http://www.tcnj.edu/~sa/counseling/index.html>)
- 6. Graduate Students may attend all student activities on campus.**
 - ✚ Visit (<http://www.tcnjstudentactivities.com/>) for more information on upcoming concerts, speakers, performers and other events.
- 7. Graduate students may utilize Career Services and the services they provide.**
 - ✚ Career Services has drop-in Resume review hours: Monday 1:30-3:30; Tuesday 3:30-5:30; Thursday 1:30 - 3:30; Friday 10-12.
 - ✚ Educational Interview Days - <http://www.tcnj.edu/~career/eid/>
 - ✚ LionsLink can help you find internships and participate in Educational Interview Days.